

**Dixwell Newhallville
Community Mental Health Services**

Sponsoring:

**EMDR Level I Training
Eye Movement Desensitization and Reprocessing**

The EMDR Humanitarian Assistance Program



**Friday, October 24, 2008
Saturday, October 25, 2008
Sunday, October 26, 2008
8:15-6:15pm**

Co-sponsored by:

Southern Connecticut State University

Location: New Haven, To Be Announced

**Questions: Call Donald F. deGraffenried, LCSW
Clinical Director, Dixwell Newhallville
Community Mental Health Services
203/776-8390 x 211**

EMDR is a complex approach to psychotherapy that accelerates the treatment of a wide range of pathologies and self-esteem issues related to upsetting past traumatic events and present life conditions. This interactional, standardized approach has been empirically tested with patients evincing a considerable range of presenting complaints, including, loss of a loved one, rape, sexual molestation, Vietnam combat and natural disaster.

This experiential training will familiarize participants with a broad spectrum of EMDR applications sufficient for comfortable and efficient use with a wide range patients and situations. Special attention will be given to the therapeutic needs of clients.

EMDR is a specialized approach that requires supervised training for full therapeutic effectiveness and client safety. The training will consist of lecture, live and videotaped demonstrations and supervised practice. The format of this workshop has been designed by the originator of EMDR, Francine Shapiro, PhD.